

# Watch Me Play!

## A Watch Me Play! diary for parents and carers

**Date:** .....

This week I've noticed my baby or child taking an interest in:

This is one thing that he or she often does:

This is one thing that he or she has started to do:

He or she seems to really like:

### When we do *Watch Me Play!* I enjoy:

- Taking a step back and letting him or her take the lead
- Seeing what my baby or child chooses to do
- Giving him or her my full attention for 10-20 minutes
- Something else: .....



### Doing *Watch Me Play!* – What I find difficult is:

- Taking a step back and letting him or her take the lead
- Seeing what my baby or child chooses to do
- Giving him or her my full attention for 10-20 minutes
- Something else: .....

